



YEAR 6
YMCA RESIDENTIAL
3RD – 5TH JUNE 2026

LOCATION- YMCA LAKESIDE IN THE LAKE DISTRICT

Bowness-on-Windermere

Storrs



Fylde Coast Y M C A

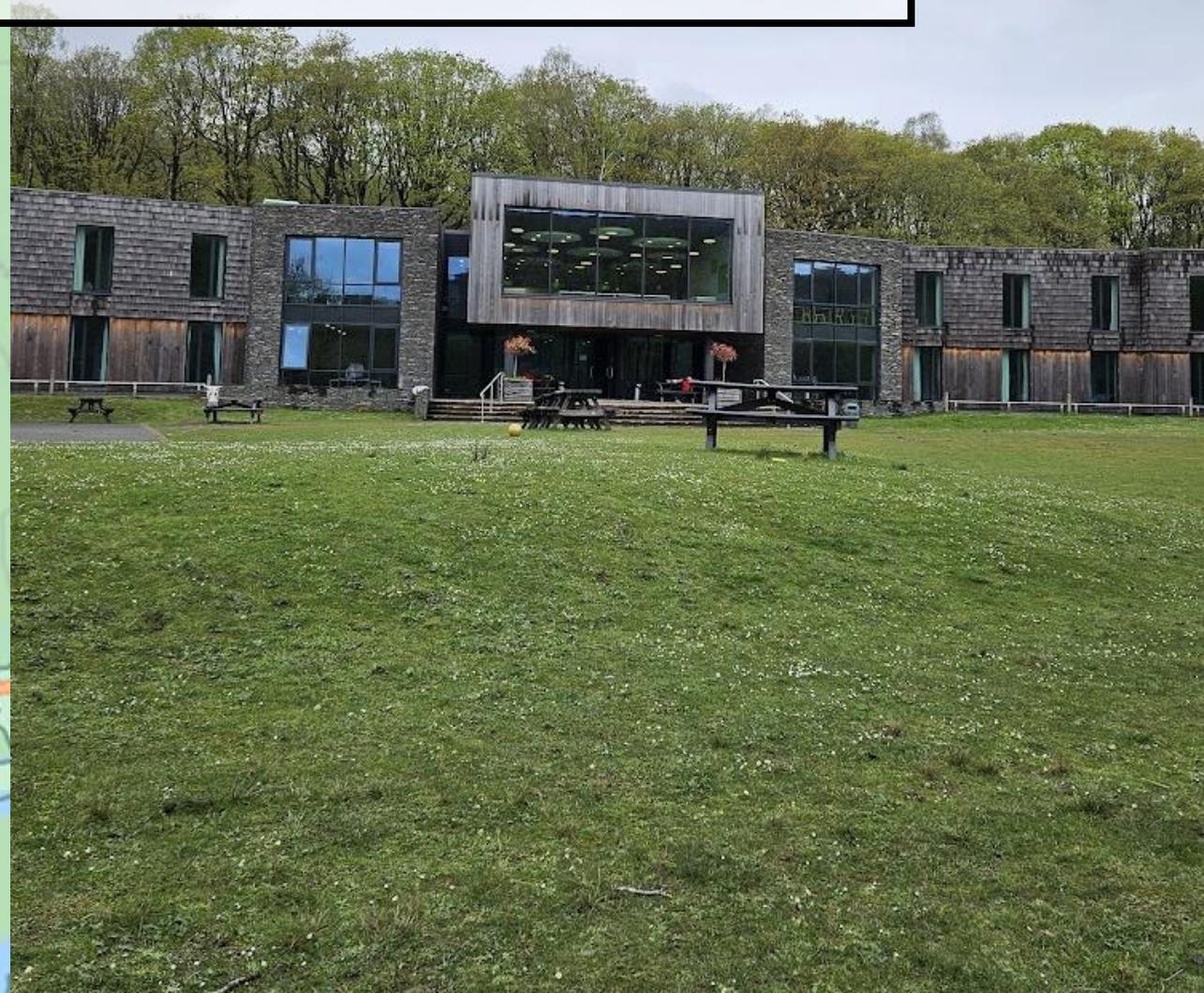
Bouth

A590

Newton-In-Cartmel

A590

Lindale



🏠 Accommodation at Lakeside

- The centre has **280 beds** across **54 en-suite bedrooms**.
- Each wing includes:
 - Rooms that sleep **up to 6 people**, all with **en-suite facilities**
 - A **designated drying room** for wet clothing and gear.



🏫 School Group Arrangements

- Schools are allocated a **private wing or multiple wings**, based on group size
- Wings are **exclusively for your group**—no other school will have access
- Each school has access to a **dedicated group room** for:
 - **Presentations**
 - **Briefings**
 - **Evening activities and social events**



Timings Of Activities And Meals



Summer

Sessions	
Morning	9:30-12:30
Afternoon	14:00-17:00
Evening	18:30-20:00

Meals	
Breakfast	08:00-09:00
Lunch	12:30-14:00
Dinner	17:00-18:30

CATERING

Catering at Lakeside

- Children enjoy three home-cooked, freshly prepared meals every day.
- Breakfast includes a choice of hot or cold options.
- Lunch and dinner each offer two hot meal choices.
- Desserts are served with both lunch and dinner.
- All dietary requirements can be catered for with advanced notice.

Stoller Campus Menu

Breakfast (Monday to Sunday with a choice of hot OR cold breakfast)						
Pork sausage Gluten free, Halal and vegan sausages available Baked beans (GF,DF,H,V) Scrambled egg (GF, H) Hash brown (GF,DF,H,V) Toast (DF,H,V) Cereal and milk (GF available) (DF available)						
GF - gluten free V - vegetarian VE – vegan DF - dairy free H - halal						
Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch	Sunday Lunch
Soup of the day (H,GF,DF,V) Penne pasta (DF,H,V), GF pasta available Pork meatballs (DF) Quorn bolognaise (DF,H,V) Tomato sauce (GF,DF,H,V) Jacket potatoes with cheese (GF), beans (GF,DF,H,V), tuna mayo (GF,DF,H) Garlic bread (DF,H,V) Mixed salad (GF,DF,H,V) Jelly or fruit (GF,DF) vegan orange jelly available (VE, H)	Soup of the day (H,GF,DF,V) Chicken in tomato sauce with peppers (GF,DF,H) Medley of vegetables in tomato sauce (GF,DF,H,V) Tortilla wraps, gluten free available (DF,H,V) Jacket potatoes with cheese (GF), beans (GF,DF,H,V), tuna mayo (GF,DF,H) Potato wedges (GF,DF,H,V) Mixed salad (GF,DF,H,V) Jelly or fruit (GF,DF) vegan orange jelly available (VE, H)	Soup of the day (H,GF,DF,V) Homemade beef lasagne (H) Mushroom and leek pasta bake (GF,DF,H,V) Garlic bread (DF,H,V) Broccoli and carrots (GF,DF,H) Jacket potatoes with cheese (GF), beans (GF,DF,H,V), tuna mayo (GF,DF,H) Jelly or fruit (GF,DF) vegan orange jelly available (VE,H)	Soup of the day (H,GF,DF,V) Mild Madras chicken curry (GF,DF,H) Mushroom and leek pasta bake (GF,DF,H,V) Chickpea and spinach curry (GF,DF,H,V) Naan bread (H) Rice (GF,DF,H,V) Jacket potatoes with cheese (GF), beans (GF,DF,H,V), tuna mayo (GF,DF,H) Jelly or fruit (GF,DF) vegan orange jelly available (VE, H)	Soup of the day (H,GF,DF,V) Chicken nuggets (H) Fish fingers (H,DF) GF available Crispy hallowm sticks (V) Chips (H,GF,DF,V) Peas and beans (H,GF,DF,V) Selection of pastries (H,DF) Jacket potatoes with cheese (GF), beans (GF,DF,H,V), tuna mayo (GF,DF,H) Jelly or fruit (GF,DF) vegan orange jelly available (VE, H)	Soup of the day (H,GF,DF,V) Penne pasta (DF,H,V) GF pasta available Pork meatballs (DF) Quorn bolognaise (DF,H,V) Tomato sauce (GF,DF,H,V) Jacket potatoes with cheese (GF), beans (GF,DF,H,V), tuna mayo (GF,DF,H) Garlic bread (DF,H,V) Mixed salad (GF,DF,H,V) Jelly or fruit (GF,DF) vegan orange jelly available (VE, H)	Soup of the day (H,GF,DF,V) Mild Madras chicken curry (GF,DF,H) Chick pea and spinach curry (GF,DF,H,V) Naan Bread (H) Rice (GF,DF,H,V) Jacket potatoes with cheese (GF), beans (GF,DF,H,V), tuna mayo (GF,DF,H) Jelly or fruit (GF,DF) vegan orange jelly available (VE, H)
Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner	Sunday Dinner
Soup of the day (H,GF,DF,V) Cumberland sausage and mash (df) Onion gravy (GF,DF,H,V) Baked beans, green beans and carrots (GF,DF,H,V) Vegan sausages, gluten free and halal available Traditional beef and vegetable pasty Apple crumble (DF,V, VE, H)	Soup of the day (H,GF,DF,V) Chicken in sweet and sour sauce (DF,GF,H) Sweet and sour vegetables (GF,DF,H,V) Sweetcorn and carrots (GF,DF,H,V) Egg noodles (DF,H) Rice noodles (GF,DF,H,V) Cheese and onion pasty (H) Carrot cake with icing (H) fruit (DF,H,V)	Soup of the day (H,GF,DF,V) Chicken burger (H) Beef Burger (GF,DF) Veggie burger (GF,DF,H,V) Sausage roll Gluten free wraps and bread available (GF,DF,H,V) Chips (GF,DF,H,V) Peas & Beans (GF,DF,H,V) Jam roly poly (DF,V, VE,H) or cupcake (GF) fruit (GF,DF,H,V)	Soup of the day (H,GF,DF,V) Roast pork loin (GF,DF) Vegan Quorn chicken in gravy (GF,DF,H,V) Roast potatoes (GF,DF,H,V) Cauliflower and green beans (GF,DF,H,V) Cheese and onion pasty (H) Flap Jack (DF, V, VE, H) or cupcake (GF) fruit (GF,DF,H,V)	Soup of the day (H,GF,DF,V) Roast pork loin (GF,DF) Vegan Quorn chicken in gravy (GF,DF,H,V) Roast potatoes (GF,DF,H,V) Cauliflower and green beans (GF,DF,H,V) Cheese and onion pasty (H) Mini chocolate eclairs or cupcake (GF) (H) OR cupcake (GF) fruit (GF,DF,H,V)	Soup of the day (H,GF,DF,V) Chicken in sweet and sour sauce (DF,GF,H) Sweet and sour vegetables (GF,DF,H,V) Sweetcorn and carrots (GF,DF,H,V) Egg noodles (DF,H) Rice noodles (GF,DF,H,V) Cheese and onion pasty(H) Carrot cake with icing (H) fruit (DF,H,V)	Soup of the day (H,GF,DF,V) Roast pork loin (GF,DF) Vegan Quorn chicken in gravy (GF,DF,H,V) Roast potatoes (GF,DF,H,V) Cauliflower & green beans (GF,DF,H,V) Cheese and onion pasty (H) Chocolate chip cookie (H) or cupcake (GF) fruit (GF,DF,H,V)

A TYPICAL DAY

A Typical Day at Lakeside

Daily Schedule:

- **Breakfast**
- **Morning Activity:**
 - 1 x 3-hour session **or**
 - 2 x 1.5-hour sessions
- **Lunch**
- **Afternoon Activity:**
 - 1 x 3-hour session **or**
 - 2 x 1.5-hour sessions
- **Dinner**
- **Evening Activity:**
 - 1.5-hour session



WHAT STUDENTS GAIN FROM LAKESIDE

- Build **independence** and **self-confidence**
- Develop **effective communication** skills
- Strengthen **problem-solving** through fun, interactive challenges
- Discover and enjoy **new adventures**
- Learn to take **responsibility** for tasks and commitments
- Foster **respect** for themselves, others, and the natural world
- Grow as **independent learners** in a supportive environment



Activities on offer include:

Abseil

Archery

Blue Tubes

Bush Craft

Campfire

Challenge Course

Climb and Abseil

Climbing Wall

Field Games

High Ropes

Initiatives

King Swing

Nightline

Obstacle Course

Orienteering

Low Ropes

Runway

Canoeing

Kayaking

Group Canoe

Raft Building

Pico Sailing

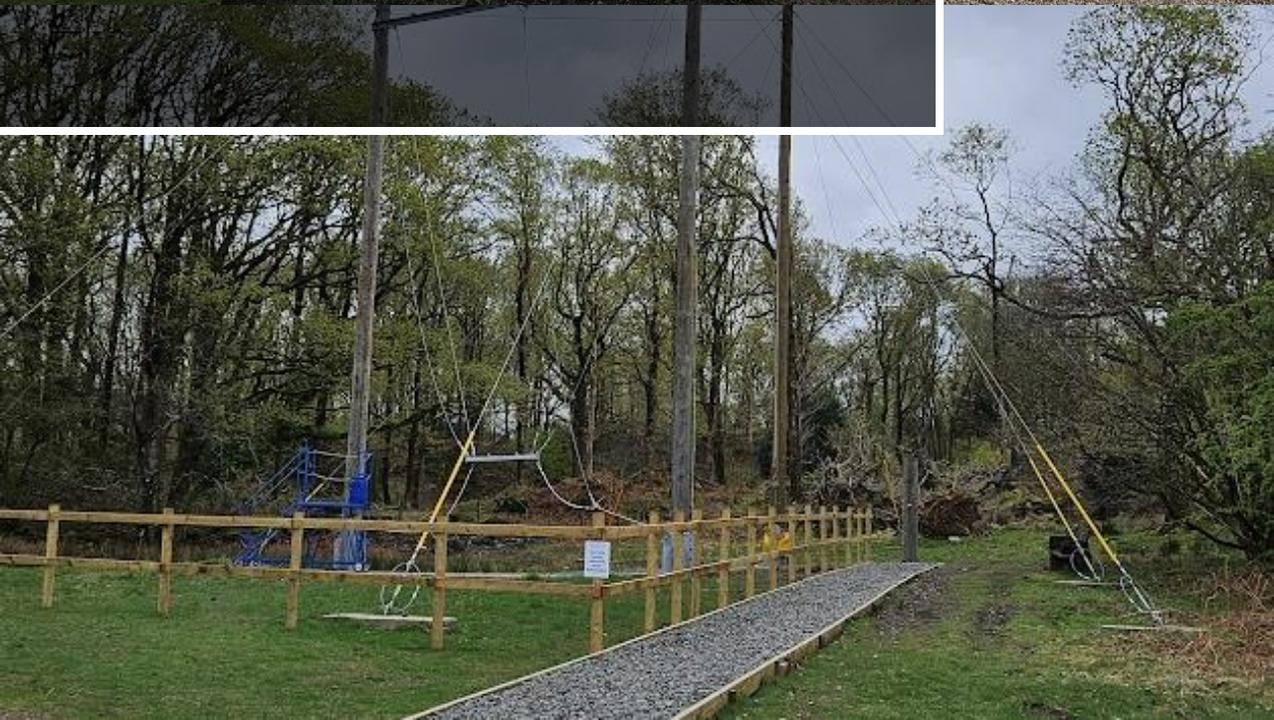
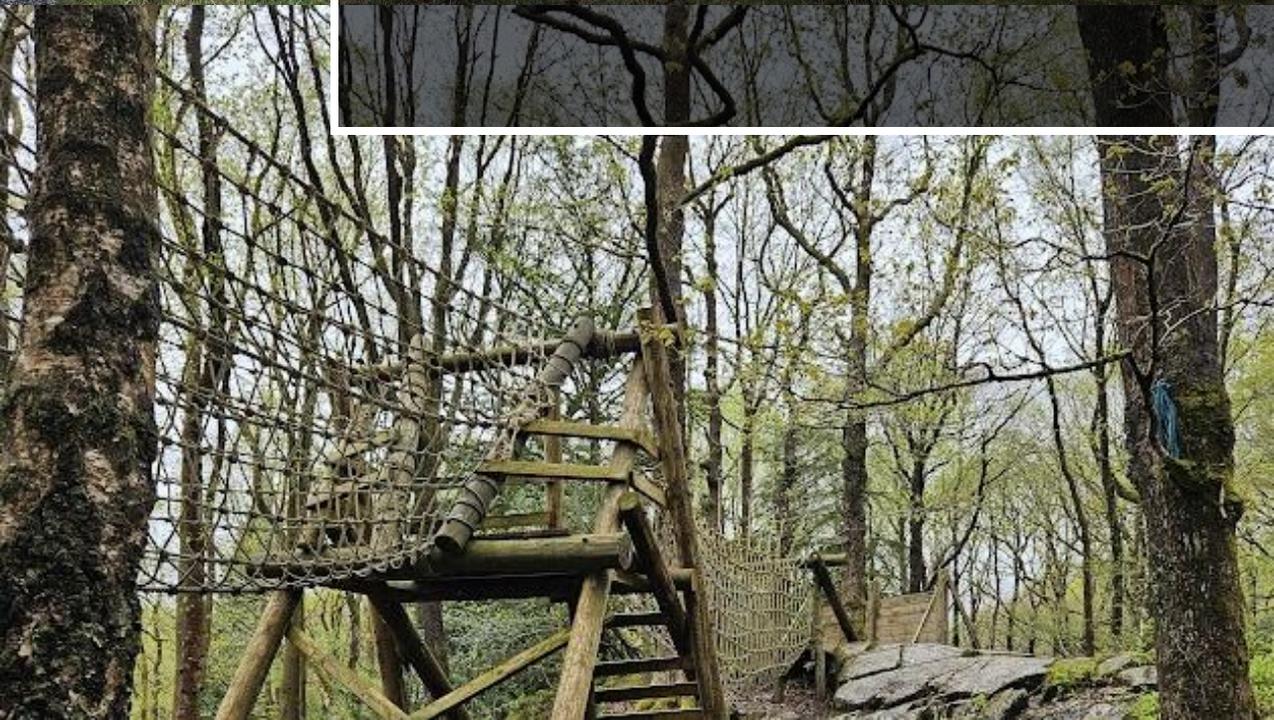
Long Boat Sailing

Duckies

Ghyll Scrambling



ONSITE ACTIVITIES





ADULT SUPERVISION

The ratio of adults from Moorlands in 1 to 10

Staff Support at Lakeside

A dedicated team of adults at the YMCA:

Look after the hostel and ensure a comfortable stay

Prepare freshly cooked meals daily

Lead and supervise on-site activities

Wednesday



Departure

Arrive at the hall door for 8.45am. Leave school at 9.15am

Arrive at YMCA Lakeside about 11.30am.

Meet the YMCA staff and tour the site

Each packed lunch (from home)

Activities

Evening meal

Activities

Bedtime!

What to Bring: Kit List

Essential Clothing:

- Old trainers (for wet activities)
- A second pair of trainers (for land activities)
- Long trousers (e.g. tracksuit, fleece, poly-cotton — **no jeans**)
- Warm long-sleeved tops (fleece, wool, acrylic or poly-cotton)
- Plenty of T-shirts
- Two pairs of thick, warm walking socks
- Hat and gloves
- Socks and underwear

Outdoor Gear:

- Walking boots (ankle support & good tread)
- Waterproof jacket and trousers
- Torch or headtorch with spare batteries
- Reusable water bottle (non-glass)
- Sun cream
- Insect repellent (**DEET-free**)
- Shorts, sun hat/cap, sunglasses

Optional Personal Kit:

- Thermal underwear
- Swimwear
- Camera
- Small change for the on-site shop
- Wellington boots

KIT LIST

THE ESSENTIALS

- Torch/ Headtorch – with spare batteries
- Wash kit and towels
- Bottle for drinking water (not glass)
- Towel
- Set of casual clothes and footwear
- Nightwear
- Slipper or indoor shoes

YMCA Lakeside is all about having adventures in the outdoors. We ask you to leave items such as computers, mobile phones, tablets, jewellery or any precious items which may not be covered by your insurance at home

WHAT TO LEAVE AT HOME

🚫 What Not to Bring

- **Electrical devices** – including tablets, gaming consoles, and music players
- **Mobile phones** – these will be collected for safekeeping and returned at the end of the trip
- **Favourite or best clothes** – you'll be outdoors, getting wet and muddy, building dens, and having fun
- **Cropped tops, short skirts, or expensive trainers** – practical, comfortable clothing is essential



- **Trip Cost & Payment Schedule**

- 📅 Trip Dates: Wednesday, 3rd June – Friday, 6th June 2026

- Total Cost: £365 per child

- **Payment Schedule**

- To secure your child's place, please follow the payment schedule below.

- Note: Numbers must be confirmed early this year. Late additions may not be possible.

- £50 non-refundable deposit – due Friday, 23rd May 2025

- £125 second payment – due Friday, 3rd October 2025

- £125 third payment – due Friday, 16th January 2026

- £65 final balance – due Friday, 6th March 2026