

Please note the following face to face delivery may change to online or be postponed reflecting national COVID guidance – please check with us or direct with the provider for confirmation. The end of the document is a brief overview of the course/workshop information or click on the link.

Theme	Course Reference Number	Provider	Course Name	Venue / Online	Day	Start date	Finish date	Start time	Finish time
Employability Skills	AA2223003	Aalfy	Learn, Create, Sell Workshop Learn Create Sell	твс	ТВС	ТВС	ТВС	TBC	TBC
Employability Skills	AA2223004	Aalfy	Learn, Create, Sell <u>Learn Create Sell</u>	ТВС	твс	ТВС	ТВС	TBC	TBC
Employability Skills	AA2223005	Aalfy	Learn, Create, Sell Workshop <u>Learn_Create_Sell</u>	ТВС	ТВС	ТВС	TBC	TBC	TBC
Theme	Course Reference Number	Provider	Course Name	Venue / Online	Day	Start date	Finish date	Start time	Finish time

Employability Skills	AA2223006	Aalfy	Learn, Create, Sell	ТВС	ТВС	твс	твс	TBC	TBC
Employability Skills	CM2223022	Crosland Moor Community Learning Centre	Allergy Awareness <u>Allergy Awareness</u>	Al Hikmah Centre, Batley	Monday	09/01/23	23/01/23	09.30	12.30
Employability Skills	CM2223023	Crosland Moor Community Learning Centre	Food Hygiene	Longwood Mechanics Hall, Huddersfield	Monday	09/01/23	06/02/23	16.30	21.00
Employability Skills	CM2223024	Crosland Moor Community Learning Centre	Food Hygiene	Crosland Moor Community Learning Centre, Huddersfield	Tuesday	10/01/23	07/02/23	09.30	12.30
Employability Skills	CM2223025	Crosland Moor Community Learning Centre	Allergy Awareness <u>Allergy Awareness</u>	Crosland Moor Community Learning Centre, Huddersfield	Tuesday	21/02/23	07/03/23	09.30	12.30
Employability Skills	CM2223026	Crosland Moor Community Learning Centre	Food Hygiene	Netherhall Learning Campus, Dalton	Wednesd ay	11/01/23	08/02/23	09.30	12.30
Employability Skills	CM2223027	Crosland Moor Community Learning Centre	Allergy Awareness <u>Allergy Awareness</u>	Netherhall Learning Campus, Dalton	Wednesd ay	22/02/23	08/03/23	09.30	12.30
Employability Skills	CM2223028	Crosland Moor Community Learning Centre	Food Hygiene Food Hygiene	Crosland Moor Community Learning Centre, Huddersfield	Monday / Wednesd ay	20/02/23	01/03/23	09.30	12.30
Employability Skills	CM2223029	Crosland Moor Community Learning Centre	Allergy Awareness	Crosland Moor Community Learning Centre, Huddersfield	Monday / Wednesd ay	21/03/22	28/03/23	09.30	12.30
Theme	Course Reference Number	Provider	Course Name	Venue / Online	Day	Start date	Finish date	Start time	Finish time
Employability Skills	FL2223014	Kirklees Success Centre	Mentoring for Health & Wellbeing <u>Mentoring for Health an</u> <u>d Wellbeing</u>	Recovery College, Mirfield	Friday	13/01/23	03/03/23	10.00	13.00

Employability Skills	PJ2223007	Proper Job Theatre Co	LAB Project	Byram Arcade, Huddersfield	Monday to Friday	27/01/23	10/02/23	10.00	16.00
Employability Skills	PJ2223010	Proper Job Theatre Co	LAB Project <u>LAB Employabililty</u>	Byram Arcade, Huddersfield	Monday to Friday	10/03/23	24/03/23	10.00	16.00
Employability Skills	RC2223009	Ravensthorpe Community Centre	Employability & Self- Employment Employment Self Employ ment	Ravensthorpe Community Centre, Dewsbury	твс	твс	твс	TBC	твс
Employability Skills	RC2223011	Ravensthorpe Community Centre	Work Related Digital Skills <u>Work Related Digital Ski</u> <u>Ils</u>	Ravensthorpe Community Centre, Dewsbury	твс	твс	твс	ТВС	твс
Employability Skills	RC2223014	Ravensthorpe Community Centre	You are Hired! Workshop <u>Workshops</u>	Ravensthorpe Community Centre, Dewsbury	ТВС	ТВС	твс	TBC	твс
Health & Wellbeing	FL2223005	Kirklees Success Centre	Steps to Success	Recovery College, Mirfield	Wednesd ay	01/02/23	29/03/23	13.00	15.30
Health & Wellbeing	FL2223012	Kirklees Success Centre	Write Time for Wellbeing <u>Write Time for Wellbein</u> g	Community Links, Huddersfield	Monday	16/01/23	27/02/23	10.00	13.00
Theme	Course Reference Number	Provider	Course Name	Venue / Online	Day	Start date	Finish date	Start time	Finish time
Health & Wellbeing	FL2223021	Kirklees Success Centre	Weight off Your Mind workshop <u>Workshops</u>	Online - Recovery College, Mirfield	Tuesday	24/01/23	24/01/23	18.30	20.30
Health & Wellbeing	FL2223024	Kirklees Success Centre	Knitting for Wellbeing Knitting for Wellbeing	Heckmondwike Primary School	Thursday	12/01/23	02/03/23	13.00	15.15
Health & Wellbeing	FL2223025	Kirklees Success Centre	Weight off Your Mind workshop <u>Workshops</u>	Online	Tuesday	17/01/23	17/01/23	18.30	20.30

Health & Wellbeing	FL2223031	Kirklees Success Centre	Focusing on Phonics	Carlton J&I School, Batley	Tuesday	24/01/23	21/02/23	09.00	12.00
Health & Wellbeing	PJ2223008	Proper Job Theatre Co	LAB Wellbeing	Byram Arcade, Huddersfield	Monday to Friday	13/01/23	20/01/23	10.00	16.00
Health & Wellbeing	PJ2223009	Proper Job Theatre Co	LAB Wellbeing	Byram Arcade, Huddersfield	Monday to Friday	24/02/23	03/03/23	10.00	16.00
Health & Wellbeing	RC2223002	Ravensthorpe Community Centre	Health & IT <u>Health_and_IT</u>	Ravensthorpe Community Centre, Dewsbury	твс	твс	твс	TBC	TBC
Health & Wellbeing	RC2223013	Ravensthorpe Community Centre	Khana U Cook Workshop Workshops	Ravensthorpe Community Centre, Dewsbury	ТВС	твс	твс	TBC	твс
Health & Wellbeing	RC2223015	Ravensthorpe Community Centre	Health & Hygiene Workshop <u>Workshops</u>	Ravensthorpe Community Centre, Dewsbury	ТВС	ТВС	ТВС	TBC	твс
Theme	Course Reference Number	Provider	Course Name	Venue / Online	Day	Start date	Finish date	Start time	Finish time
Theme Self-development & Life Skills	Reference	Provider Crosland Moor Community Learning Centre	Course Name Improvers' IT Improvers_IT	Venue / Online Crosland Moor Community Learning Centre, Huddersfield	<b>Day</b> Thursday	<b>Start date</b> 05/01/23			
Self-development &	Reference Number	Crosland Moor Community	Improvers' IT	Crosland Moor Community Learning Centre,			date	time	time
Self-development & Life Skills Self-development &	Reference Number CM2223030	Crosland Moor Community Learning Centre Crosland Moor Community	Improvers' IT Improvers IT Intro to IT IT Basics and Building y	Crosland Moor Community Learning Centre, Huddersfield Crosland Moor Community Learning Centre,	Thursday	05/01/23	date 09/02/23	<b>time</b> 09.30	<b>time</b> 12.30

Self-development & Life Skills	FL2223015	Kirklees Success Centre	Dare to Dream <u>Dare_to_Dream</u>	Recovery College, Mirfield	Friday	21/04/23	09/06/23	10.00	13.00
Self-development & Life Skills	FL2223017	Kirklees Success Centre	Reading Friends <u>Reading Friends</u>	Shelley College	Thursday	12/01/23	19/01/23	09.00	15.00
Self-development & Life Skills	FL2223030	Kirklees Success Centre	Social Conversations English Language Explor ers	Boothroyd Primary Academy	Wednesd ay	18/01/23	22/03/23	09.30	11.15
Self-development & Life Skills	FL2223032	Kirklees Success Centre	Maths Mates Maths Mates	Westmoor Primary School	Tuesday	17/01/23	07/02/23	09.00	11.30
Theme	Course Reference Number	Provider	Course Name	Venue / Online	Day	Start date	Finish date	Start time	Finish time
Self-development & Life Skills	RC2223007	Ravensthorpe Community Centre	Assertiveness & Confidence Building <u>Assertiveness Confidenc</u> <u>e Building</u>	Ravensthorpe Community Centre, Dewsbury	ТВС	твс	твс	ТВС	твс
Self-development & Life Skills	RC2223008	Ravensthorpe Community Centre	Goal Setting Goal Setting	Ravensthorpe Community Centre, Dewsbury	ТВС	ТВС	твс	TBC	ТВС
Self-development & Life Skills	RC2223010	Ravensthorpe Community Centre	IT Basics & Building you Confidence IT Basics and Building y our Confidence	Ravensthorpe Community Centre, Dewsbury	ТВС	твс	твс	TBC	твс
Self-development & Life Skills	RC2223012	Ravensthorpe Community Centre	Self-Development & Confidence Building Workshop <u>Workshops</u>	Ravensthorpe Community Centre, Dewsbury	TBC	TBC	ТВС	ТВС	TBC



Education & Skills Funding Agency

s Ofsted

West

**Orkshire** 

Combined Authority



If you require more information in relation to any of the courses/workshops above, please see details in the course descriptor below

If you have any queries, please contact Adult Learning Kirklees via email on adult.learning@kirklees.gov.uk

The council is supporting **Kirklees Digital Hubs** run by local community organisations to make sure that access to devices, spaces and digital skills are available to everyone, as part of this there is a device loan scheme. Chromebooks and MiFi are available for adults who are digitally excluded, to help combat loneliness, improve health and wellbeing and access learning opportunities, such as our free courses for adults.

We want everyone to understand how digital can benefit them, gain the skills and get connected. Borrowing devices can be an excellent way of trying new things and improving your skills, build your confidence and getting online. You will be better informed, more independent and less isolated. For more information please visit: <u>Digital access and skills training during COVID-19 | Kirklees Council</u> or email <u>digital.hubs@kirklees.gov.uk</u>

## **Multiply**

Want to improve your numeracy skills? These courses may help you and your family to improve your maths skills:

FLMPY2223007	Kirklees Success Centre	Everyday Maths	Kirklees Success Centre, Huddersfield	Wednesdays	18/01/23	01/03/23	10.30	12.30
FLMPY2223008	Kirklees Success Centre	Everyday Maths	Dewsbury Library, Dewsbury	Thursday	12/01/23	23/02/23	10.00	12.00
FLMPY2223010	Kirklees Success Centre	Your Maths, Their Maths, Our Maths	Online	Wednesday	11/01/23	08/02/23	18.30	20.30
PJMPY2223001	Proper Job Theatre Co	LAB Life (Multiply)	Byram Arcade, Huddersfield	Monday to Friday	06/03/23	10/03/23		
PJMPY2223002	Proper Job Theatre Co	LAB Life (Multiply)	Byram Arcade, Huddersfield	Monday to Friday	20/03/23	24/03/23		

# Adult Learning Kirklees Course Descriptors 2022/23

#### **Employability Skills**

- Allergy Awareness: could be an additional qualification to the food hygiene course and looks more indepth at sources of allergies and ingredients
- Employment & Self-employment: learn a variety of skills to help find employment or develop your own business, looks at teamwork, problem solving & creating a CV
- Food Hygiene: learn about the requirements within the food industry as well as embedding nutrition for healthy living. Learners will complete Level 1 or Level 2 food hygiene certificates.
- Intro to COSHH: if you want to work in health, cleaning, or transport sectors this course gives you an insight into the control of hazardous substances.
- Intro to Self-employment: develop your skills in self-employment learn about practical elements of running your own business.
- Intro to Working as a carer: course explores what is involved in being a carer in a variety of settings.
- LAB Employability: a short course to develop a belief in yourself. You will learn several transferable skills, such as communication, teamwork and goal setting. First steps to a more positive future.
- Learn, Create, Sell: course combining design, technology & enterprise, includes introduction to computer aided design, branding & marketing.
- Work Related Digital Skills: learn how to search online for employment, complete & upload application forms & how to create a CV.

### Self-development & Life Skills

- Create Time for Wellbeing: promote your wellbeing by taking some time out and be creative, whilst learning activities which can help when you stressed or overwhelmed.
- Engaging with your child to bring books alive: reading is a large part of learning, and this course shows how to get the most out of reading time
- English Language Explorers: gives people an opportunity to get to grips with terminology and basic English work helping with isolation issues and preparing them for further study
- Family Wellbeing: this course can improve family health & relationships by looking at the whole family's wellbeing.
- Health & IT: build your confidence in dealing with healthcare professionals, learn how to book GP appointments & order prescriptions online.
- LAB Volunteering: practical training to become a successful volunteer in any setting. Develop transferable skills for volunteering and employment. Request to move to SD from PJ
- Mentoring for Health & Wellbeing: train to be a volunteer mentor to support people with their health & wellbeing.
- My Community, My Health (for ESOL\*): build your confidence to contact your local GP, healthcare professionals, schools, etc in your community.
- Write time for Wellbeing: promote your wellbeing with the use of creative writing techniques to calm the mind.

- Assertiveness & Confidence Building: improve your confidence and learn to empower yourself
- Beginners Digital Skills: learn all the basics to improve your IT knowledge from mouse control to saving documents and more.
- Craft and conversation: gives people an opportunity to grow in confidence with their conversational English, introducing new interests, helping with isolation issues and preparing them for further study
- Creative Language Development: improve your literacy in a fun and informative way
- Creative Skills Development: learn a variety of skills that can be used in the community & build in your strengths.
- Dare to Dream: identifying and developing skills for volunteering, employment, or self-employment in the future.
- **Digital ESOL\*:** improve both your English language & IT skills at the same time.
- Essential Digital Skills: Level 1 accredited course which looks at a wide variety of digital skills and devices.

### Health & Wellbeing

- Essential maths skills: improve yo confidence with maths & help your children with their schoolwork.
- Financial Awareness Money Matters: learners gain new skills, improve confidence, and enable th to better support themselves and t families. Share knowledge with the wider community.
- Focusing on Phonics: this course w help you to develop strategies to support your child when learning phonics at home or in school.
- **Goal Setting:** build confidence and goals for what you want to achieve home and in the workplace.
- How Schools Work: learn about various aspects of school to progres onto a Level 2 course volunteering working in a school.
- Improvers IT: builds on knowledge gained from the Beginners Digital S course or for those who want to br up their existing skills.
- IT Basics & Building your Confident inclusive course, designed to engag adults and empower them to take control of their own health care new Due to the pandemic more services available remotely necessitating learners to upskill their knowledge abilities.
- Knitting for Wellbeing: did you known that knitting has numerous health a social benefits including increasing cognitive function, promoting feeli of calmness and wellbeing? Beginn and improvers welcome

# Adult Learning Kirklees Workshop Descriptors 2022/23

g pur r nem their e vill	<ul> <li>LAB Wellbeing: practical steps to improve wellbeing. You will learn techniques to help you confidently deal with the stresses and strains of daily life and improve your mental health.</li> <li>Making the most of Google: looks at the wider world of Google which is more than email usage, internet searching &amp; how this can be used in everyday life.</li> <li>Maths Mates: understanding Key Stage 2 Maths, understanding strategies and techniques to help in children in their math development.</li> <li>Reading Friends: this course supports struggling readers in</li> </ul>
ess or Skills rush <b>ce:</b> ge	<ul> <li>primary or secondary schools. You will be given strategies and techniques to encourage and develop reading skills.</li> <li>STEPS: STEPS is a confidence building course that encourages you to set goals. You will improve your selfesteem and find ways to think differently about life and work.</li> </ul>
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followin	ig short 2 to 4 hour workshops a	s listed below	
Self-developr	nent & Life Skills		Health 8
Hacks to save you time and money	LAB Workshop	Health & Hygiene	
How to Stay safe Online	Self-confidence & Confidence	<ul> <li>In the Herb Garden</li> </ul>	
•	Building	Khana U Cook	
	followin Self-developr • Hacks to save you time and money	following short 2 to 4 hour workshops as         Self-development & Life Skills         • Hacks to save you time and money       • LAB Workshop         • How to Stay safe Online       • Self-confidence & Confidence	<ul> <li>Hacks to save you time and money</li> <li>How to Stay safe Online</li> <li>LAB Workshop</li> <li>Self-confidence &amp; Confidence</li> <li>In the Herb Garden</li> </ul>

\*ESOL definition English for Speakers of other Languages

Should you wish to sign up to any of our courses detailed above please either click on the following link to complete our enrolment form <u>Kirklees Council Learner Enrolment Form 2022-2023</u> or use the following QR code:



If you require more detailed information in relation to any of the courses above, please email: <u>adult.learning@kirklees.gov.uk</u> you will then be contacted by a member of staff from our delivery partners who run the specific course.

Our partners are:

Aalfy, Crosland Moor Community Learning Centre, Kirklees Success Centre, Proper Job Theatre Co and Ravensthorpe Community Centre.

#### s we offer the

#### & Wellbeing

- Walk & Talk
- Weight off your Mind