



Carers Week 2020

8th – 14th June



Making Caring Visible

Please support us as we launch Carers Week 2020 by registering your interest in any of our virtual information sessions. If you need help to access online events, give us a call on 0300 012 0231. Why not give it a go? We hope you'll enjoy it!

Monday

- 10.30 - 11.00** How can Carers Count help you? Live on Facebook.
- 11.00 - 12.00** Information about PCAN. Call 07754 102336 to book.
- 13.30 - 14.30** Virtual Kirklees Mental Health Carers Forum - Call 0300 012 0231 to book.

Tuesday

- 10.00 - 11.00** PCAN: Education and SEN children during COVID-19. Call 07754 102336 to book.
- 10.30 - 11.30** Carers Trust Mid Yorkshire: Virtual Wellness session on 'Building Resilience' Call 01484 537036 to book.
- 13.00 - 14.30** Do you know your rights as a carer as defined by the Care Act? Call 0300 012 0231 to book.

Wednesday

- 10.00 - 12.00** Carers Count Information and Advocacy Enquiry Drop-In.
- 13.00 - 15.00** Call 0300 012 0231 to book your time slot.
- 11.00 - 12.00** PCAN: Information and signposting about Wellbeing. Call 07754 102336 to book.
- 14.00 - 15.45** Kirklees Dementia Hub – Understanding dementia and supporting someone with dementia. Call 01484 411074 to book.
- 16.00 - 17.45**

Thursday

- 13.00 - 14.30** Carers Count Cuppa & Chat. Call 0300 012 0231 to book.
- 14.00 - 15.00** Carers Trust Mid Yorkshire: Virtual wellness session on 'Caring for someone with Memory Deterioration' Call 01484 537036 to book.

Friday

- 10.30 - 11.00** How can advocacy help you? Live on Facebook.
- 11.00 - 12.30** Creative Chat with Elaine at Carers Count Call 0300 012 0231 to book.
- 14.00 - 15.30** Feel Good Friday for Young Carers age 17-25 Call 07885 202009 to book.

Follow the events on our website at:
carerscount.org.uk



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