



## Think

Where is this man going? What will he do when he gets there?



## Respond

Imagine your staircase is a mountain. Write an account of your perilous journey to the summit.



## Solve

Measure the height of one of your stairs. Calculate the height of the staircase. How many steps would you have to climb to reach 100 metres?



**Challenge:** How many steps would you have to climb to reach the height of Mount Everest (8848m)?

## Reimagine

Paint a picture of a mountain. You could make it calm and peaceful or the scene of a mighty storm.



## Discuss

Why is exercise important? What can you do to keep fit?



## Discover

**Fact:** The Tibetan name for Mount Everest is Qomolangma which means 'Goddess' or 'Holy Mother'.

**Question:** How did it get the name Everest? By what other names has it been known?



# Everest Staircase Answers

**Calculate the height of the staircase.**

This will depend on the height of each step and the number of steps. For example, if there were 13 steps each 20cm high:

$$13 \times 20 = 260\text{cm (or 2.6m)}$$

**How many steps would you have to climb to reach 100 metres?**

There are 10 000cm in 100m. If the steps are 20cm high:

$$10\ 000 \div 20 = 500 \text{ steps}$$

**Challenge: How many steps would you have to climb to reach the height of Mount Everest (8800m)?**

There are 884 800cm in 8848m. If the steps are 20cm high:

$$884\ 800 \div 20 = 44\ 240 \text{ steps}$$