



Moorlands Primary School

High Expectations, High Achievements, Challenge and Enjoyment for All

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@MoorlandsHudds

Thursday, 30 January 2020

Dear Parents/Carers,



Winter finally arrived this week, well very briefly. The children certainly enjoyed their quick play in the snow on Tuesday morning. Again, we have been raising the aspirations of our children and enhancing our curriculum. We had a special visitor, Matthew Greaves, to talk about his work with Mountain Rescue, some of our Year 5 girls took part in the Stepping Up For Change Active Day at Deighton Arena and Sainsburys came to visit KS1. Today, 30 children from our Young Voices Choir, along with Mrs Smith, Mrs Krol, Mrs Denney and Mrs Freeman, have gone to sing with 8500 children, Tony Hadley, Ruti and The Shires at Manchester Arena. They have been practising hard since September. Watch out for updates on Twitter. Good luck to them all. We are sure they will make memories that will stay with them for the rest of their lives.

House Points

Oak	809
Willow	778
Birch	715
Sycamore	754

The results for last week were:

The winning House was Oak with 809 points which means they have their first leaf on the tree this term. Well done to all the children in Oak House.

Attendance

Each month a Governor will donate a prize and the winning child, who has 100% attendance all month, will receive a book voucher. The winner will be selected at random and will be announced at the end of each month. This month Judith Woodhead has donated the prize which goes to Husna in 3S.

Exercise Equipment Plea



We have a group of children in school who attend Movement Group daily. Movement Group aims to develop their gross motor skills. The children of Movement Group would be very grateful if anyone has any old exercise equipment they no longer use, such as yoga balls, balancing boards, yoga mats, ropes etc. These are used to develop core strength and balance helping the children's physical development.

If you have any questions please ask Miss Crowther or Miss Augustine.



Year 1 Phonics Information Evening – Thursday, 13th February 5.30pm

It is a statutory requirement that children are assessed in phonics in Year 1. This is done through an assessment called the Phonics Screening Check. This year, the assessment will take place in June 2020 and will be carried out by your child's class teacher on a one-to-one basis.

We would like to invite you to school to give you a little more detail about the Phonics Screening Check and to advise ways in which you can support your child at home in preparation for the assessment. The Phonics Screening Check information evening will be on **Thursday, 13th February 5.30pm**. We will be holding the event in your child's Year 1 classroom and expect that it will last no longer than 30 minutes.

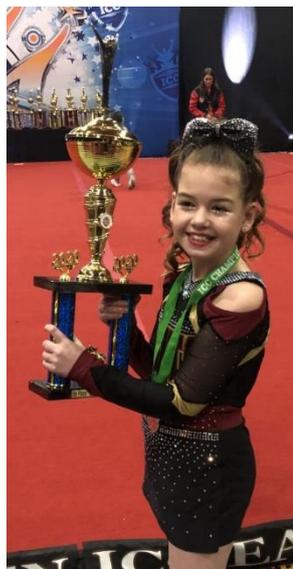
Can we ask that no children are brought to the evening and a maximum of two adults per child due to health and safety. Please sign up on ParentPay if you would like to attend.

Water Bottles

Please can we remind everyone that children are only allowed to bring water to drink during the day in school. This is due to recommendations from the NHS and Nutrition UK.

Chinese New Year Assembly

A huge thank you to the children and staff who performed their Chinese New Year assembly to their grown-ups last Friday. The children had learnt lines and songs to celebrate the Chinese New Year.



Postcard Request

Our Reception children will be using postcards in their classroom next week. If any parents/carers have postcards for Reception to look at next week it would be most appreciated. If they are sent in a named envelope we will return them.



Special Achievements

Taylor in 4S competed in her first cheerleading competition for the Huddersfield Giants Youth Competition Squad. Well done Taylor.

Sporting News

Well done to all the schools who took part in the Huddersfield Sports Hall Athletics final on Friday morning. Our Year 5/6 team came 3rd out of 14 teams, which means they have qualified for the Kirklees finals on the 7th February. Thanks to Mrs Roebuck for her hard work, helping the children to train for the event.



Six girls attended a 'Girls Active' workshop funded by Youth Sport Trust on Tuesday, 28th January 2020. The girls enjoyed a fun day learning about how to be good role models and how to encourage more girls to get active within school and the wider community.



The girls met and worked with Jenny Wallwork who is an English badminton player who has achieved international success in both the women's events and the mixed doubles event, including a Commonwealth Silver medal in 2010. She represented her country 42 times, being the highest-ranking female player for 4 years.



On Monday, several boys and girls from Years 3 & 4 took part in an after school Hockey festival at SNHS.

They had a great time playing hockey against Lindley Junior School and against each other. Fantastic team work, well done everyone.

Calder Valley Mountain Rescue Visitor

As part of their topic on The Arctic, Year 4 had a special visit this week from Matthew Greaves, a volunteer with Calder Valley Mountain Rescue. He talked to the children about all the equipment he has to wear and carry when on rescue missions. They found out that his kit bag weighs as much as one and a half Year 4 children!

He also shared many stories and showed photos of training scenarios and real life rescues - from tops of mountains to flooded city centres. We now have a greater knowledge of how to call mountain rescue, how to help keep ourselves safe and how to protect ourselves from the harsh elements.



Dates for Your Diary

February

6th, 10th & 11th February:

Year 5 Geography Trip

7th February:

Year 5/6 Sport Hall Athletics

12th February:

Years 5 and 6 Gangs Drama workshop

13th February:

Year 4 Proper Job Theatre workshop

13th February

Year 6 SATS Information Evening

13th February:

Close for half term

14th February:

INSET Teacher Training day SCHOOL CLOSED

24TH February:

School reopens

25th February:

Years 5/6 Conrad Burdekin Poetry Workshop (thank you to the PTA)

27th February:

Strictly Pennine Dance Festival - 7pm

March

4th March:

West Yorkshire Cross Country Final

2nd March:

World Book Week

3rd March:

BookPeople Book Bus visiting school.

5th March:

World Book Day

6th March:

Parent Open afternoon 1.30pm - 3.15pm

12th March:

Years 3/4 Conrad Burdekin Poetry Workshop (thank you to the PTA)

31st March:

PTA Easter Egg Bingo (more information to follow)

April

2nd April:

Creative Arts Celebration Evening 6pm (more information to follow)

3rd April:

Close for Easter

20th April:

School Reopens

Remember there are regular updates on Twitter @MoorlandsHudds and on our school website.

www.moorlandsprimary.org.uk

As always, we do have an open-door policy, so if there is anything you would like to speak to us about, please do get in touch.



HEALTHY HYDRATION

for children aged 5-11

Drink plenty

Water

Is a good choice throughout the day because it hydrates without providing extra energy (calories/kilojoules) or harming teeth

Have regularly

Milk

Is a useful source of nutrients, especially protein, B vitamins, iodine and calcium. Most children can have lower-fat milks such as skimmed, 1% or semi-skimmed. Unsweetened, calcium-fortified dairy alternatives can also be included. Milky drinks containing added sugars such as milkshakes, hot chocolate and malted drinks should be limited.

Can have once a day

Fruit and vegetable juices and smoothies

Can provide some vitamins and minerals. However, they also contain sugars and can be acidic which is harmful to teeth so it's recommended to limit them to one small glass (150ml) a day and keep them to mealtimes. 150ml counts as a maximum 1 portion of your 5 A DAY. They can be diluted with water to reduce the acidity and sugars content.

Occasionally

Sugar-free drinks

Hydrate without adding extra sugars but it's a good idea for most drinks to be milk or water. Fizzy drinks may contain acids that can be harmful to teeth. Be aware that some of these drinks contain caffeine.

Occasionally (and in small amounts if caffeinated)

Tea and coffee

Caffeine is naturally present in tea and coffee. Small amounts are harmless but high intakes should be avoided, especially for young children. It's best for children to drink decaffeinated tea and coffee with reduced-fat milks and no added sugars.

Sugary drinks

Are best avoided as they provide sugars, but few other nutrients. Fizzy drinks may contain acids that can also be harmful to teeth and some soft drinks contain caffeine.

Avoid

Not suitable for children

Sports and energy drinks

can be high in sugars and energy drinks may contain high levels of caffeine or other stimulants. These drinks are not suitable for young children.

This guide is intended to help parents, teachers and carers choose a balance of drinks for children aged 5-11 years.

The amount of fluid a child needs depends on many factors but generally they should aim to drink about 6-8 glasses of fluid a day, using smaller glasses (150-200ml) for younger children. This is based on recommendations on fluid intakes for children from the European Food Safety Authority.