



Moorlands Primary School Dinners

(Fortnightly Menu – Winter 2019-20)

| W E E K 1 |  Meal options | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|---|--|---|--|--|
| | | Cottage Pie served with seasonal vegetables. | Southern Style Chicken served with crispy sliced potatoes and garden peas. | Roast Pork served with traditional accompaniments, oven roast and creamed potatoes, winter cabbage and fresh carrots. | | |
| | | | Salmon Fillet and Sweet Chilli Sauce served with crispy sliced potatoes and garden peas. | | | Crispy Crumbed Fish served with oven baked chips and mushy peas. |
| | | | Organic Penne Pasta served with Italian tomato sauce and garlic bread. | | Quorn Spaghetti Bolognese | Organic Fusilli Pasta served with tomato and basil sauce and garlic bread. |
| | | Freshly prepared Ham and Cheese Panini served with crispy mixed salad and seasoned wedges. | | Freshly prepared Tuna Panini served with crispy mixed salad and oven roast potatoes. | Jacket Potatoes served with cheesy beans or crunchy coleslaw and crispy mixed salad. | |
| | Quorn Dippers and Barbeque Dip served with seasoned wedges and baked beans. | | Vegetarian Sausage and Gravy served with oven roast and creamed potatoes and seasonal vegetables. | Homemade Loaded Vegetable Pizza served with herby diced potatoes and crunchy coleslaw. | Vegetable Balti Curry served with fluffy wholegrain rice and raita sauce. | |
| Pudding options | Sponge of the Day , served with creamy custard. Flapjack served with fresh fruit juice. Chunky Fruit Pots. | Chocolate Fudge Pudding served with chocolate sauce. Fruit in Jelly. Fresh Fruit Kebabs. | Creamy Rice Pudding served with mixed berry compote. A selection of Reduced Sugar Desserts. | Lemon Crunch Tart served with creamy custard. Assorted Cupcakes. Chunky Fruit Pots. | A Selection of Home Baking. Organic Yoghurts. Fresh Fruit Salad. | |

| W E E K 2 |  Meal options | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|---|--|--|---|---|
| | | Baked Sausage and Gravy served with creamed potatoes and seasonal vegetables. | Creamy Chicken Pie served with herby diced potatoes and a medley of peas and golden sweetcorn. | Roast Beef served with traditional accompaniments, oven roast and creamed potatoes and broccoli florets. | Chicken Burger in a Bread Bun served with crispy sliced potatoes, and golden sweetcorn. | |
| | | | | Salmon Fishcake served with oven roast potatoes and broccoli florets. | | Golden Crumbed Fish Fingers served with oven baked chips and garden peas. |
| | | Mac 'n' Cheese served with homemade tomato and basil bread. | | Organic Penne Pasta served with spicy tomato sauce and garlic bread. | | |
| | | Jacket Potatoes served with tuna mayonnaise and crispy mixed salad. | Freshly prepared Cheese and Tuna Panini served with crispy mixed salad and herby potatoes. | | Jacket Potatoes served with savoury cheese and crispy mixed salad. | Freshly prepared Cheese Panini served with crispy mixed salad and oven baked chips. |
| | Quorn Tikka Masala served with fluffy wholegrain rice and raita sauce. | | Margherita Swirl served with crispy sliced potatoes and baked beans. | Vegetable Pasta Bake served with crispy mixed salad. | | |
| Pudding options | Sticky Toffee Pudding served with toffee sauce. Fresh Milkshake and Homemade Biscuit. Fresh Fruit Salad. | Assorted Gateaux. Chunky Fruit Pots. Organic Yogurt. | Seasonal Fruit Crumble served with creamy custard. A selection of Reduced Sugar Desserts. | Hot Sweet of the day. Chocolate and Beetroot Cake. Chunky Fruit Pots. | Jam Sponge served with creamy custard. A selection of Home Baking. Fresh Fruit Kebabs. | |

