

Reception-Germany



Edelweiss hats

Oktoberfest in Germany celebrates the harvest. In Germany, celebrations for Oktoberfest are from September until the first weekend in October. In the region of southern Germany known as Bavaria, you'll often see men and boys in traditional folk hats graced with a feather or an edelweiss, a delicate Alpine flower.

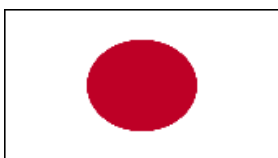
Materials

12 x 18-inch sheet of green construction paper
Scissors
3 x 3-inch square of white paper
Glue stick
Yellow paper circle, 1 inch in diameter
Hole punch
2 feet of elastic
Feather



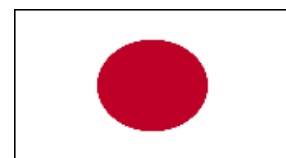
Instructions

To make one, fold the green construction paper in half to make it 9 by 12 inches. Fold the two creased corners toward the center to make two 6-inch right triangles, leaving 3 inches at the bottom. Fold each 3-inch flap in half, then fold up again to form the brim. Cut a flower shape out of the white paper, glue on the yellow circle, and glue it to the hat's brim. To make the chin strap, punch holes on each side of the hat's brim, string the elastic through, and knot at each end. For a final touch, stick the feather in the fold of the hat.



Reception-Japan

Origami Olympic Rings



Have some fun with this clever origami Olympic rings craft for kids - with help even the youngest children will be able to do it!



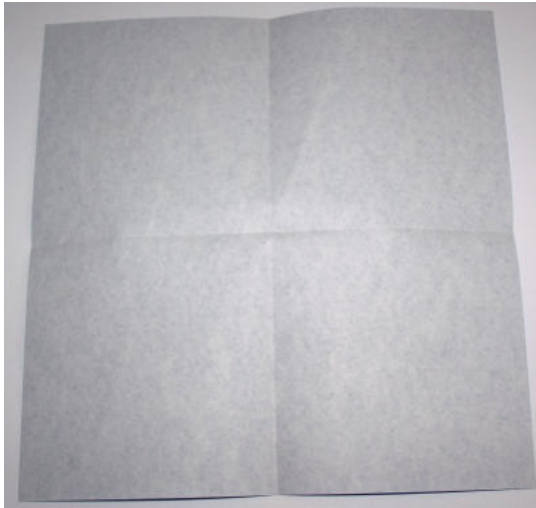
Our completed Olympic rings!

You will need:

- 6 inch square origami paper (or cut your own squares from standard paper) in red, green, black, blue and yellow
- Glue stick

Instructions:

1. Take your red piece of paper. With your paper coloured side down, fold your square horizontally and then vertically to crease. (*Yes, this is actually a blue piece of paper - sorry!*)



2. Cut carefully along one of the crease lines to make two rectangles.
3. You now need to fold each rectangle into thirds so that you end up with thin strips.



4. Carefully fold the two ends down and in at a 45 degree angle, creasing well. Repeat with the second rectangle.



5. Slide the two parts of the ring together, pushing the ends of one inside the other. Use a glue stick to make the joins permanent.

Repeat steps 1-4 with the green paper. When you reach step 5, thread one of the ring parts through the red ring before joining the ends of the green ring so they are linked. Use a glue stick to stick the two rings together so they don't move about.



Reception-Greece



The children will learn about and try different greek foods. Children will make tzatziki and then try with other greek foods (pitta bread).

Ingredients

- 1/2 cucumber
- 150g greek yoghurt
- 2 - 4 crushed garlic cloves
- 1 tbsp olive oil
- 1 tsp lemon juice (or white wine vinegar)
- 1 tsp chopped or dried mint (or dill)
- 1/2 tsp salt
- Pepper to taste

Method

1. Peel cucumber, cut in half lengthways and de-seed using a teaspoon, then coarsely grate.
 2. Put grated cucumber into a sieve suspended over a bowl, sprinkle over 1/2 tsp of salt and mix through. Place a plate on top of cucumber and allow cucumber to drain for approximately 1 hour, or until water stops dripping (whichever is first).
 3. Combine all the ingredients and mix thoroughly.
 4. The flavours combine better if given time so I prefer to leave it in a sealed container in the refrigerator overnight.
 5. If Greek yoghurt is not available then you can make your own Greek style from plain yoghurt by suspending a sieve lined with cheesecloth over a bowl, adding the yoghurt and allowing it to drain for 2-3 hours, or longer if thicker yoghurt is preferred, in a refrigerator. A paper coffee filter can be used as an alternative to a cheesecloth, following the above method
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1L - Vietnam



Hat Making

A3 Card

String

Glue/stapler



Cut A3 card into a circle. Make into a cone shape and secure with staples or glue. Attach string underneath. Decorate your hat.

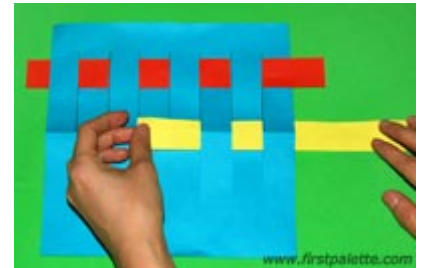
Paper Weaving

Coloured paper

Scissors

Glue

Cut a piece of coloured paper into a square. Fold the square in half and cut slits from the folded edge up to about 3cm away from the opposite edge. Cut strips of squared paper and weave them in between the slits. When the weave is full glue the end of the strips down.



10 – India



Activity 1

Bedroom door initials

Strong card, felt pens, letter stencils

Cut out the initial of your name in card. Using the mehndi patterns on the board to help, design using pencil onto your letter and then trace over this with felt pens.

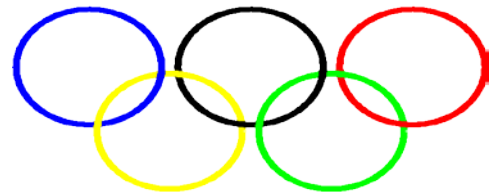


Activity 2

Olympic pin badge

Card circles, safety pins, bronze silver and gold (for Olympic medal colours) gel pens

Design onto the card circle with the gel pens in a mehndi patterns. Stick the safety pin onto the back of the circle.



1P- Our Olympic country is.....

USA



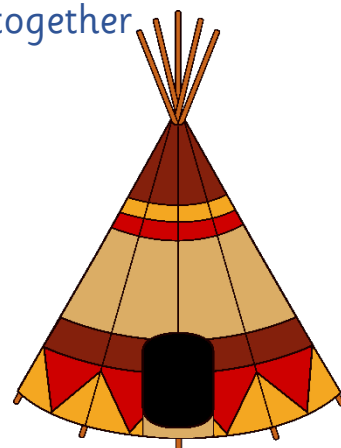
Tepee

What you need:

Paper straws, felt-tips or crayons, stickers, sticky tape, paper and scissors.

What to do:

1. Cut the art straws to the same length.
2. Colour in the art straws with a brown felt-tip pen.
3. Cut a circle out of paper and decorate in your chosen colours.
4. Space the straws out and tape to the back of your coloured circle.
5. Curl the paper circle around and glue or tape it together.





2C Brazil



Brazilian Carnival Masks

What you will need:

- **Mask template (attached) / paper plate cut in half**
- **Felt tips/ crayons**
- **Optional - Decorate with glitter, sequins, feathers and jewels**
- **Glue**
- **Sellotape**

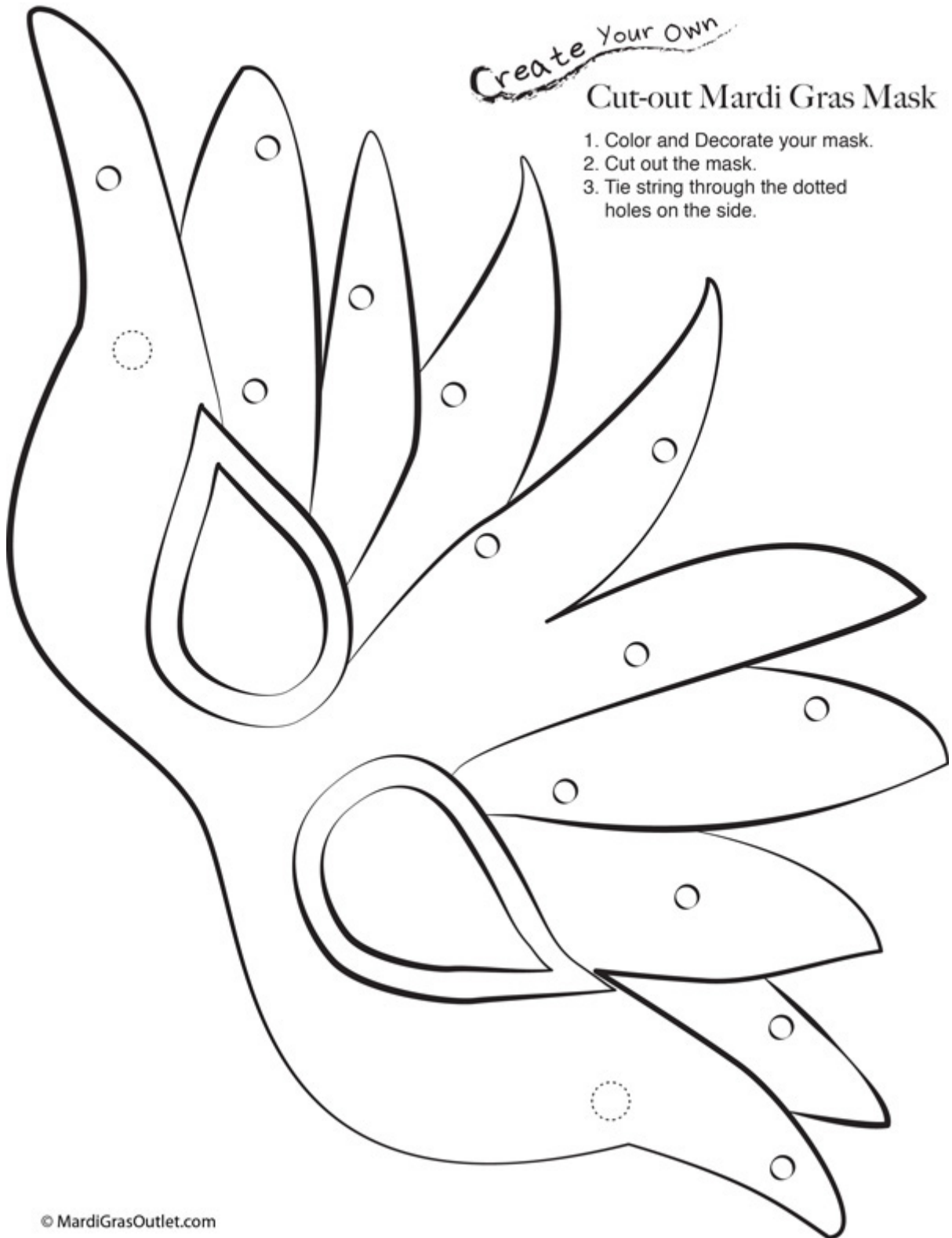
Decorate the masks in the style of Brazilian carnival masks or a style of your choice. Attach a lollipop stick to hold the masks in place with sellotape or attach elastic to either side to wear over your head and hold in place.



Create Your Own

Cut-out Mardi Gras Mask

1. Color and Decorate your mask.
2. Cut out the mask.
3. Tie string through the dotted holes on the side.



20 Our Olympic country is.....

Great Britain



Hoopla

What you need

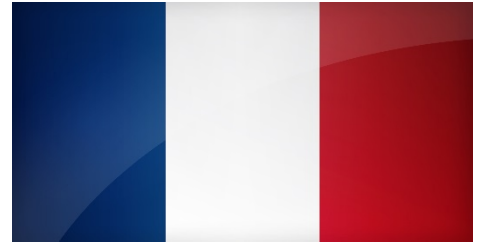
Paper plates, felt tips, stickers, coloured tape, plastic bottles

What to do

1. Fill bottles with water to make them heavy.
2. Label bottles with numbers for points.
3. Cut out middles of paper plates to make rings.
4. Join 2 paper rings together using coloured tape.
5. Decorate your rings with your own designs using felt tips and stickers.
6. Play your game. Throw your rings over the bottles. Check your score.

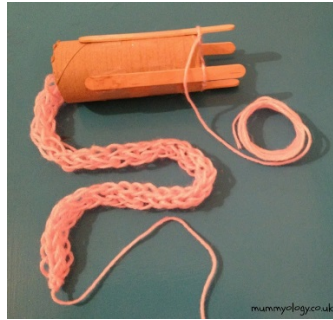


2W France



French knitting

You need:



1 toilet roll tube

4 lolly sticks

Sellotape or masking tape

A ball of wool

Scissors

What to do:

Tape each lolly stick to the toilet roll at equal intervals with 2.5cm sticking up at the top.

Secure the lolly sticks with tape.

You are ready to French knit.

How to French knit:

Thread the end of the ball of wool down through the cardboard tube, so that about 5cm is sticking out at the bottom. This will be your 'leader'.

Now loop the wool around each stick, making sure the wool goes to the inside of the French knitting machine each time.

Continue to wind the wool around the top of the spool until you have two loops on each lolly stick.

Pass the bottom loop over the top loop on each stick. Pull down on your leader to tighten the knitting.

Continue looping the wool around each stick until there are two loops on each stick. Pass the top loop over the bottom loop.

It won't take long for you to start getting a nice tail of knitting out of the bottom of your French knitting machine.



You will need:

Juggling balls/water bomb

1 jack (per pool)

How to play

One person throws the jack.

The next person throws their ball and aims to be closest to the jack.

Any extra players continue in the same way.

The closest ball to the jack is the winner.



3B

Finland



Making a Race Car

What you will need:

- Cardboard boxes
- Lids of bottles and containers
- Glue
- Sellotape
- Paint/Felt tips

Children will be shown pictures of different race cars. They need to discuss what makes a race car fast, what do they notice these cars have?

Looking at the materials children to spend a bit of time planning out how to make their car and what they are going to use.

Children will then make their race car using the materials they have. If they finish in time they can decorate it, i.e. paint it.



Australian Aboriginal Artwork

Equipment: paper, paints, cotton buds, pencils, smooth pebbles and sharpies.

Use a cotton bud, your fingertip or the end of a pencil dipped in paint to create lovely colourful patterns and pictures. You could draw the shape of an Australian animal or draw around your hand or a circular bowl then create a dotted pattern around it.



Find a smooth pebble in your garden or on holiday. Wash it and paint it or even use black or coloured sharpie pens to create a fantastic design. You could create the pattern of your name in spots!





3S

Canada



Activity: Making Inuit Inukshuk Statues

What you need:

- Pebbles or stones of a variety of sizes – clean!
- Glue – strong enough to attach pebbles together.
- If desired – access to the internet to watch the following video for inspiration and ideas. <https://www.youtube.com/watch?v=cf25KoI6CnY>

What to do:

1. Gather together a variety of stones and pebbles – wash them carefully and allow them time to dry.
2. Practise stacking them to represent an Inukshuk statue.
3. Try lots of different combinations. Perhaps you could record each with drawings or photographs as you go along.
4. Decide on your favourite combination. Make it again, either just stacking carefully, or you could glue the stones/pebbles together at each layer. Try not to let the glue show.
5. Enjoy your creation!



Inuit (Eskimos) have lived in Alaska and Canada for more than 1,000 years. An Inuksuk is a stone figure built by the Inuit of Arctic Canada, Alaska and Greenland.



Inukshuk means "likeness of a person". Is a stone figure made by the Inuit. The Inuit make inuksuit in different forms and for different purposes: to show directions to travellers, to warn of danger, to mark a place of respect, to store food, or to act as helpers in the hunting of caribou.

4AC Spain

Mosaics

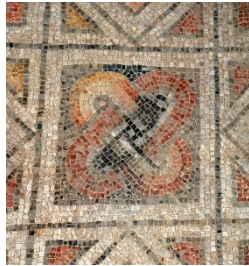
You will need:

Coloured paper

Glue

Templates

Images for ideas



What to do:

Photocopy and enlarge to A3 the given templates.

Look at examples of Mosaics around the home, e.g. bathroom, kitchen and examples Gaudi.

Choose a design and consider colours as to whether they want to create a pattern.

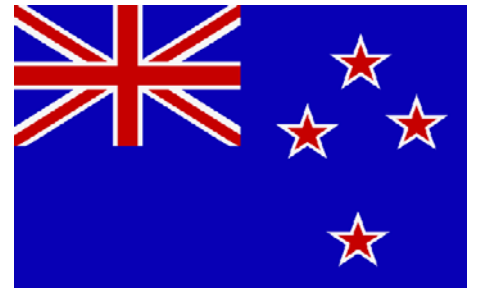
Cut the paper to squares of similar sizes thinking about presentation.

Stick mosaic squares within the design, taking care not to go outside of the lines.

Make sure that the whole design is covered and that there are no white spaces.

4P-New Zealand

New Zealand Poi Craft



Poi are balls on strings that Maori women manipulate in a special dance with great skill. You can practise all sorts of moves when you have made your own poi!



You will need:

Light, thin fabric
Toy stuffing
Wool
Needle and thread

Instructions:



Cut lengths of wool about 50cm (20 inches) long. How many you need will depend on how thick the wool is. We used 15.

Tie the ends of the wool together and plait. Secure with a knot at the other end. Trim for neatness.



Cut a circle of fabric approximately 8 inches (20cm) diameter - we drew around a sandwich plate.

Without knotting the thread and leaving one end of the thread loose (you might need to hold onto it with your thumb to begin with), sew around the edge of the circle with a loose running stitch.



Fill the middle of the circle with toy stuffing. Pull the two loose ends of thread together and the fabric should start to gather around the stuffing.



Push one end of the wool plait into the stuffing and gather the fabric tight around it.

Thread the thread onto a needle and secure the fabric in place around the yarn with some stitches. Knot the thread and cut off the ends.

Now learn to swing your poi!



PASTA ART

TO DYE PASTA, YOU'LL NEED:



- various types of dry pasta
- food colouring
- white vinegar or hand sanitiser
- small bowl
- toothpicks
- container with lid or zippy bag
- baking rack

1. Pour your pasta into a container that has a tight-fitting lid.
2. In a small bowl, mix a generous dollop of food colouring with a teaspoon of vinegar. This helps to disperse the colour evenly over the pasta, especially if you're using gel colouring which is quite thick compared to liquid colouring.



3. Place the lid on (make sure it's tight!), and let your little ones shake it like crazy!

4. Pop the lid off to check on things. If your colour isn't evenly distributed over the pasta, simply sprinkle in another tsp of vinegar. Don't worry if your pasta looks wet or soggy. It will dry quickly. The smell of vinegar will also dissipate as it dries.

That's all there is to it!

Pour your pasta on to a baking rack, and set it in a warm sunny place to dry. Ours only required a couple of hours beside the fire. Depending on the temperature of your home, you may need to let your pasta dry overnight.



When ready, scoop all of the dyed pasta into a storage container.



HOW TO STORE YOUR COLOURED PASTA?

Your dyed pasta will keep indefinitely as long as you store it in a dry place. I keep mine in a storage container with a lid or a large jar with a lid. Just make sure it's thoroughly dry before packing it away for storage. We still have a little pasta left-over from a batch that we made two years ago!

What next? What can we make?

There's lots of things you can make with your colourful pasta. The choice is yours; here are a few ideas:

- Jewellery
- Mosaics
- Sculptures
- Pictures





5F

South Africa



Activity: South African Safety Pin Jewellery

Safety pin bracelets are cool, easy to make, and a great fashion accessory once made. You can create different styles with different size safety pins, coloured pins, and pins with multicolour beads.

What you need

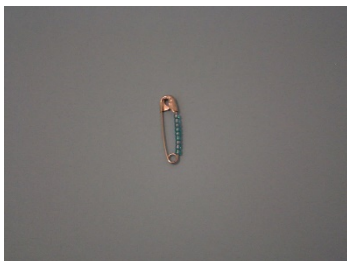
Safety pins

Coloured seed beads (available at The Range for £1)

Elastic cord

What to do

6. Get a safety pin and open it up. String the coloured beads onto the open pin, and then close it up.
7. Repeat step one for all your safety pins (you will need approximately 40 for a bracelet)
8. Cut two 15cm pieces of elastic cord. Tie one string onto one end of the first beaded safety pin, leaving a tail. Tie the other piece of string onto the other end of the pin. String the remaining pins onto the elastic cord.
9. Tie the first upper string end to the other upper string end, and repeat with the bottom string ends. And you have a funky, safety pin bracelet!





5Mi Argentina

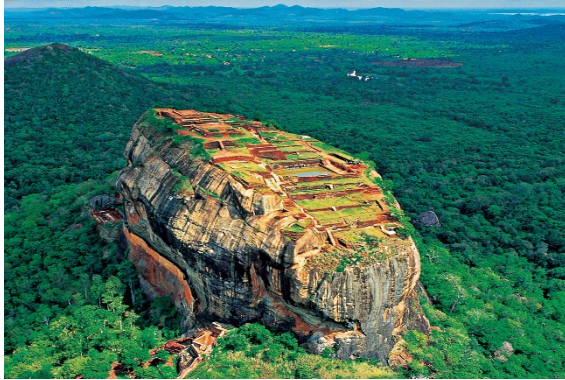
Argentina is a country in South America. **La Boca** is a neighbourhood, or barrio of the Argentine capital, Buenos Aires and is a popular destination because of its colourful houses. Looking at lots of photos of these amazing buildings is a good way to start this project.

You can easily recreate your own La Boca style street at home by using coloured card and then crimping or folding it.

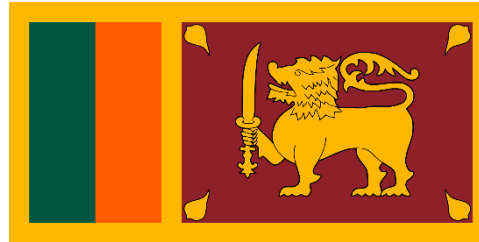
Start with a sheet of plain white paper. Then you simply need to cut large rectangles and matching roof shapes for their homes, and use glue for attaching them to the white paper. The buildings should all be sitting side by side, just like a real street in La Boca. Rotating the texture adds interest to your collage. Use smaller, flat pieces of paper to cut out doors and windows and add details with a pen.

(see below)





Sri Lanka is an island country in South Asia, near to South-East India. **Batik** art is an Indonesian art style which is firmly established in Sri Lanka. It is a colourful and creative form of fabric art and can be applied to all types of fabric, from t-shirts to tablecloths and bedspreads.



5Mo

Sri Lanka



Making your own Batik art is really easy.

First of all, place each pebble onto the piece of fabric and tie these around with string.

Then, dip this into the coloured dye and leave to soak for 2-3 minutes.

Take it out and drain out any excess water. Remove the string





6A- Jamaica



Jamaican smoothies!

Cherry



Banana Berry Cherry Smoothie Recipe

- > 1 large banana, peeled
- > 1 cup cherries (fresh or frozen)
- > 1 cup strawberries
- > 8 ounces of filtered water

Start by adding the liquid to your blender followed by the soft fruit. Blend on high for 30 seconds or until the smoothie is creamy.

Banana Peanut butter and banana

Ingredients

- > 1 banana, peeled and sliced
- > $\frac{1}{2}$ pint milk
- > handful of ice
- > 1-2 tbsp honey



Method

1. Place the banana, milk, ice and honey in a blender and then blend until smooth.
2. Transfer to a serving glass and serve at once.

Ingredients

- > 2 whole bananas, peeled and sliced
- > 1 (6-oz.) carton non-fat Vanilla yogurt
- > $\frac{1}{3}$ cup creamy Peanut butter
- > $\frac{1}{2}$ cup low-fat Milk
- > Handful of ice



Method

Place all ingredients in a blender and puree until smooth. Serve immediately.

Mango

INGREDIENTS:



- > 2 ripe mangos
- > 2 oranges
- > 2 cups vanilla yogurt
- > 2 teaspoons honey
- > 10 ice cubes
- > A dash of ground nutmeg
- > A dash of ground cinnamon

Directions:

1. Peel the mango and dice into ice cube sized chunks.
2. Place in a blender container.
3. Add yogurt, honey and ice cubes.
4. Juice the oranges (with a juicer or by squeezing) and pour juice and pulp into the blender.
5. Blend on high for about 1 minute or until smooth. Add the nutmeg and cinnamon on top. Stir.
6. Divide into glasses.

6C-Mexico

Mexican Dancing



Children will each be given some information in groups about different types of Mexican dance. They have to read about the traditions and then feedback to the class what types of dancing it involves.

Children will vote and pick which style they would like to learn.

Teacher to teach the children 4 steps from this particular type of dance. The children to then practise.

In their groups they have to come up with 8 counts in the style of Mexican dance to add onto the steps learnt with the teacher.

Perform their sequence to the rest of the class with Mexican music.





6C Kenya

Necklaces

You will need:

- A paper plate
- Scissors
- Paint/colouring pens
- Coloured paper (additional)



Instructions

First, cut out the centre of the paper plate so that you are only left with the outer ring. Make one slit at the back so that it can be put around your neck easily.

Next, colour the outer ring of the paper plate in a decoration of your choice.

As additional decoration, you could add more coloured paper to the bottom of the paper plate (see pictures).

